

1

00:00:06,306 --> 00:00:09,071

Questioner: I noticed here that

2

00:00:09,071 --> 00:00:13,823

a majority of the people have a lot of devotion towards Shiva

3

00:00:13,823 --> 00:00:15,786

but I came from the United States,

4

00:00:15,786 --> 00:00:17,381

from south Mississippi

5

00:00:17,381 --> 00:00:21,377

and this yoga is new to me,

6

00:00:21,377 --> 00:00:23,555

like three months new to me

7

00:00:23,555 --> 00:00:26,709

and I have an extreme amount of devotion towards you

8

00:00:26,709 --> 00:00:30,487

because I've experienced it

9

00:00:30,487 --> 00:00:34,755

but I don't feel the devotion towards Shiva.

10

00:00:34,755 --> 00:00:37,831

I know we say the mantra

11

00:00:37,831 --> 00:00:41,067

but do we need to have that devotion towards him

12

00:00:41,067 --> 00:00:44,369

to progress on the spiritual path?

13

00:00:44,369 --> 00:00:48,375

Sadhguru: Shiva doesn't need your devotion. (Laughter)

14

00:00:54,305 --> 00:01:02,100

Just yesterday someone was reading a passage to me

15

00:01:02,100 --> 00:01:05,079

from a book written by Friedrich Nietzsche.

16

00:01:05,079 --> 00:01:06,793

You've heard of him?

17

00:01:06,793 --> 00:01:10,017

Not... he is not from Missouri.

18

00:01:10,017 --> 00:01:13,153

You're from... you're from Mississippi?

19

00:01:13,153 --> 00:01:21,117

I'm sorry, he's not from Mississippi, from Germany.

20

00:01:21,117 --> 00:01:26,707

So Friedrich Nietzsche is saying

21

00:01:26,707 --> 00:01:29,411

or his character is saying

22

00:01:31,541 --> 00:01:37,216

"Only because there are so many people to receive the light,

23

00:01:37,216 --> 00:01:40,229

the sun can enjoy coming up"

24

00:01:42,519 --> 00:01:45,630

this is German bullshit. (Laughter)

25

00:01:45,630 --> 00:01:49,143

If none of you are here, sun will still come up the same way,

26

00:01:49,143 --> 00:01:52,435

with the same glory. Hmm?

27

00:01:52,435 --> 00:01:54,146

Yes or no?

28

00:01:55,176 --> 00:01:58,374

He does not come up for you.

29

00:01:59,764 --> 00:02:04,168

This is a disease that human beings have got

30

00:02:04,168 --> 00:02:08,530

they think the whole Existence is human centric.

31

00:02:08,530 --> 00:02:11,142

It is not so.

32

00:02:14,712 --> 00:02:18,418

What is here is not human.

33

00:02:20,048 --> 00:02:23,023

A tremendous phenomena is happening here,

34

00:02:23,023 --> 00:02:25,593

nothing to do with humanity.

35

00:02:25,593 --> 00:02:31,140

Well, it has lot to do with humanity but it's not of human nature.

36

00:02:31,140 --> 00:02:35,114

So Shiva doesn't need your devotion.

37

00:02:36,274 --> 00:02:38,429

It is just that

38

00:02:38,429 --> 00:02:40,534

if you carry devotion in your heart

39

00:02:40,534 --> 00:02:42,771

What is devotion, let's look at this.

40

00:02:42,771 --> 00:02:48,540

On one level devotion means a certain sweetness of your heart.

41

00:02:50,610 --> 00:02:54,456

It's the best way to be for any human being.

42

00:02:54,456 --> 00:02:57,637

If you do not carry this sweetness in your heart

43

00:02:57,637 --> 00:02:59,277

you will be...

44

00:03:01,067 --> 00:03:06,054

life will do things to you and you will become bitter.

45

00:03:06,054 --> 00:03:09,151

Don't think you can insulate yourself.

46

00:03:09,151 --> 00:03:11,080

You can build a home,

47

00:03:11,080 --> 00:03:12,340

you can build a family,

48

00:03:12,340 --> 00:03:15,813
you can build a huge bank balance,

49
00:03:15,813 --> 00:03:18,892
you can be born in Mississippi

50
00:03:20,512 --> 00:03:24,410
but you will not remain insulated.

51
00:03:24,410 --> 00:03:25,863
Insulation happens...

52
00:03:25,863 --> 00:03:28,289
works only for a certain period of time;

53
00:03:28,289 --> 00:03:32,673
after that, one way or the other life gets you.

54
00:03:32,673 --> 00:03:34,915
If there is no sweetness in your heart

55
00:03:34,915 --> 00:03:39,195
you will become bitter, resentful

56
00:03:39,195 --> 00:03:43,805
this has happened to a large segment of humanity.

57
00:03:43,805 --> 00:03:52,030
So on one level devotion means an enduring sweetness of your heart;

58
00:03:52,030 --> 00:03:53,910
a kind of sweetness

59
00:03:53,910 --> 00:03:58,486
that does not depend on any outside help.

60
00:03:58,486 --> 00:04:02,117
Suppose you fall in love with somebody

61
00:04:02,117 --> 00:04:05,594
does it happen in Mississippi? (Laughter)

62
00:04:08,354 --> 00:04:11,200
Suppose you fall in love with somebody,

63
00:04:11,200 --> 00:04:13,622
your heart becomes sweet.

64

00:04:13,622 --> 00:04:16,424

But for how long – there is no guarantee.

65

00:04:16,424 --> 00:04:18,592

It can become extremely bitter

66

00:04:18,592 --> 00:04:21,636

because of a love affair.

67

00:04:21,636 --> 00:04:23,765

Yes or no?

68

00:04:25,055 --> 00:04:28,721

We are not wishing that but it can become...

69

00:04:28,721 --> 00:04:30,732

either because of situations

70

00:04:30,732 --> 00:04:32,619

or because of disease

71

00:04:32,619 --> 00:04:34,414

or because of death

72

00:04:34,414 --> 00:04:36,399

or because of loss,

73

00:04:36,399 --> 00:04:37,855

so many ways,

74

00:04:37,855 --> 00:04:41,562

or simply because of boredom.

75

00:04:43,202 --> 00:04:47,188

the person that you thought was most exciting and fantastic,

76

00:04:47,188 --> 00:04:50,698

after a few years you look at them

77

00:04:52,538 --> 00:04:55,450

‘did I do this mistake?’ (Laughter)

78

00:04:58,460 --> 00:05:00,257

You can't believe it!

79

00:05:00,257 --> 00:05:03,508

So many things can happen.

80
00:05:03,508 --> 00:05:07,005
So devotion is an enduring sweetness of heart,

81
00:05:07,005 --> 00:05:09,946
does not depend on anybody.

82
00:05:09,946 --> 00:05:12,430
'So should I be devoted to Shiva?'

83
00:05:12,430 --> 00:05:16,557
It doesn't make any difference to Him

84
00:05:16,557 --> 00:05:20,065
but if you are a devotee

85
00:05:20,065 --> 00:05:23,353
devotion is another kind of intelligence

86
00:05:23,353 --> 00:05:31,602
which simple intellect is unable to understand.

87
00:05:31,602 --> 00:05:36,070
The nature of a rudimentary intellect is,

88
00:05:36,070 --> 00:05:42,722
if you want to know anything we have dissect it.

89
00:05:43,932 --> 00:05:45,390
Yes?

90
00:05:45,390 --> 00:05:47,464
If you become interested in somebody,

91
00:05:47,464 --> 00:05:48,936
dissect them.

92
00:05:48,936 --> 00:05:53,120
Well you don't do it physically because the law doesn't permit it

93
00:05:53,120 --> 00:05:56,970
but you mentally dissect them, isn't it?

94
00:05:56,970 --> 00:05:58,098
Yes or no?

95
00:05:58,098 --> 00:06:00,102

You mentally dissect them

96

00:06:00,102 --> 00:06:02,570

and come to a convenient conclusion,

97

00:06:02,570 --> 00:06:04,220

not truth,

98

00:06:04,220 --> 00:06:07,961

a convenient conclusion as you like it

99

00:06:07,961 --> 00:06:10,942

and one day when that conclusion falls apart

100

00:06:10,942 --> 00:06:13,450

you will become bitter.

101

00:06:13,450 --> 00:06:16,746

The very nature of the intellect is

102

00:06:16,746 --> 00:06:20,004

to put things apart.

103

00:06:20,004 --> 00:06:21,765

By putting things apart

104

00:06:21,765 --> 00:06:26,578

you can know the utility of what it is.

105

00:06:26,578 --> 00:06:28,969

If I analyze this person

106

00:06:28,969 --> 00:06:32,260

I can learn how to make use of her

107

00:06:32,260 --> 00:06:35,648

but I will not know her.

108

00:06:35,648 --> 00:06:40,008

Only if I completely include her I will know her,

109

00:06:40,008 --> 00:06:43,240

there is no other way.

110

00:06:43,240 --> 00:06:44,744

If you...

111

00:06:44,744 --> 00:06:50,456
if you give a flower to somebody who is intellectually strong,

112
00:06:50,456 --> 00:06:53,137
if you give a flower to a scientist

113
00:06:53,137 --> 00:06:54,953
first thing is he will rip it off

114
00:06:54,953 --> 00:06:59,190
because he wants to know what is inside.

115
00:06:59,190 --> 00:07:03,274
A poet will sing songs about the flower.

116
00:07:03,274 --> 00:07:06,206
He does not know what is inside,

117
00:07:06,206 --> 00:07:08,629
he does not care what is inside

118
00:07:08,629 --> 00:07:11,811
but it gives him joy.

119
00:07:11,811 --> 00:07:16,600
A mystic will become a flower.

120
00:07:16,600 --> 00:07:18,323
If he looks at a flower

121
00:07:18,323 --> 00:07:20,514
he will become the flower

122
00:07:20,514 --> 00:07:27,723
because for him even a small little flower that is blossoming

123
00:07:27,723 --> 00:07:28,512
in

124
00:07:28,512 --> 00:07:31,531
something unnoticeable in the grass,

125
00:07:31,531 --> 00:07:38,281
even there the hand of the Creator is actively there, isn't it?

126
00:07:38,281 --> 00:07:39,615
Hmm?

127

00:07:39,615 --> 00:07:41,446

Actively there,

128

00:07:41,446 --> 00:07:47,696

as active as it is in this one, (Referring to oneself) nothing less.

129

00:07:47,696 --> 00:07:50,838

If you pay enough attention to a blade of grass

130

00:07:50,838 --> 00:07:55,492

you will see it has been done with enormous attention;

131

00:07:55,492 --> 00:07:58,741

it's been created with a phenomenal sense of attention.

132

00:07:58,741 --> 00:08:00,457

It's not been just made like that,

133

00:08:00,457 --> 00:08:01,921

'okay just a blade of grass'

134

00:08:01,921 --> 00:08:03,835

it was not made like that.

135

00:08:03,835 --> 00:08:08,534

Whoever made it paid enormous attention to it.

136

00:08:08,534 --> 00:08:15,610

So a devotee is a different dimension of intelligence.

137

00:08:15,610 --> 00:08:19,679

He will see things that nobody else will see

138

00:08:19,679 --> 00:08:24,560

because devotion means you are devoid of yourself.

139

00:08:24,560 --> 00:08:28,110

Between you and the ultimate reality

140

00:08:28,110 --> 00:08:32,244

there is only one barrier, that is yourself.

141

00:08:32,244 --> 00:08:37,767

So devotion means you must become devoid of yourself.

142

00:08:37,767 --> 00:08:43,046

If that is not possible, at least you should reduce this heap.

143

00:08:43,046 --> 00:08:45,335

If you reduce this heap of garbage

144

00:08:45,335 --> 00:08:50,305

suddenly you see life explodes

145

00:08:50,305 --> 00:08:54,643

life explodes in ways that you have not imagined possible.

146

00:08:54,643 --> 00:09:02,711

So it's not about shiva; it's about you.

147

00:09:04,478 --> 00:09:08,998

But you must walk with devotion. What you are devoted to, it doesn't matter.

148

00:09:08,998 --> 00:09:11,771

You must walk with absolute devotion.

149

00:09:11,771 --> 00:09:15,377

Devotion means you are devoid of yourself.

150

00:09:15,377 --> 00:09:24,118

Devotion means a heightened state of receptivity because you are not... you are no more full of yourself,

151

00:09:24,118 --> 00:09:31,777

there is emptiness in you, so something can touch you, something can enter you, something can reside in you.

152

00:09:31,777 --> 00:09:41,937

You are looking at everything through your psychological mess and you understand your intellect as the only intelligence.

153

00:09:41,937 --> 00:09:50,496

Intellect is a very rudimentary form of intelligence; useful only for utilitarian purposes.

154

00:09:50,496 --> 00:09:57,826

To make a living, to survive in the world your intellect is needed.

155

00:09:57,868 --> 00:10:03,758

For any thing else... if you want to access any other dimension your intellect is not enough

156

00:10:05,508 --> 00:10:16,700

A deeper dimension of intelligence in you has to function. If this has to function, to be in devotion is the easiest way to do it.